

BAR

Cocktails

Margarita (can be frozen) <i>Tequila, triple sec, agave, fresh lime</i>	11	✓
Pornstar Martini <i>Absolut Vodka, vanilla, passionfruit, prosecco</i>	11	✓
Mojito <i>Bacardi, fresh lime & mint, soda</i>	11	✓
Caipirinha <i>Cachaça, lime, brown sugar</i>	9.5	
Cosmopolitan <i>Absolut vodka, Cointreau, cranberry, agave</i>	9.5	
Espresso Martini <i>Life on High espresso, Absolut Vodka, Kahlua</i>	11	✓
LOH Picante <i>Tequila, roasted pineapple syrup, chilli</i>	11	✓
English Garden <i>Greensand Dry, elderflower, apple juice, soda</i>	9.5	✓
Aperol Spritz <i>Cielo Prosecco, Aperol, soda</i>	9.5	
Double G&T (single 8.5) <i>Greensand Dry, FT tonic, lime wedge</i>	11	
Double Rum & Coke (single 8.5) <i>Bacardi, coke zero, lime wedge</i>	11	

Mocktails

Ginger kombucha & cranberry sparkle	8	
Nojito: soda, mint, lime, sugar, non-alc rum	8	✓
Hugo: Elderflower, nosecco, sparkling water	8	

Beers

British Bulldog, or Bohemian Rhapsody	5.5	✓
Peroni	5	
Peroni Zero	5	
Desperado	5	
Magners Irish cider	5	

Soft drinks

Coke, Traditional Lemonade, Ginger Beer	2.8	
Small orange juice	2.2	
Local cold press apple juice	3	
Mineral water (sparkling, still) small/large	2.8/5.5	
Milkshakes (caramel, strawberry, vanilla) s	5.5	

KITCHEN

Nibbles (from 3)

✓ Smoked almonds	n	4.5
✓ Garlic & herb Kalamata olives		
✓ Wasabi peanuts	n.s.g	
✓ Homemade root crisps		
✓ Edamame beans, sriracha	s	
✓ Sweet potato fries, confit garlic aioli		

Little High

✓ Padron peppers, lemon olive oil, smoked sea salt		6.5
✓ Roasted baby beetroot hummus, sourdough croutes	se.g	
✓ Smashed avocado, homemade nacho bites	g	
Chart farm roasted chorizo, smoked chipotle & lime mayo	m.d.s	
Sussex Cheddar rarebit crumpet	d.e.g.u	

Big High

Mini brisket sliders with pickles & burger relish	m.u.g	9.5
✓ Homemade nachos with salsa, guacamole & melted 'cheese' glaze	g	
Chilli and mango coated prawn tacos, mango, ginger & coriander dipping sauce	f.g	
✓ Miso aubergine skewers with pomegranate & flakes almonds	n.s	
Smoked chipotle chicken & charred corn tacos, pickled cabbage, jalapeno	m.g	
✓ Bang Bang cauliflower, smoked aubergine & candied pecans	n	
✓ Spring kale & beets, roasted rainbow carrot salad, orange mustard dressing	u	

Finish on a High

LOH espresso martini brownie	d.e.g	6
✓ Churros with chocolate sauce	g	

We source locally and prep daily: not all dishes will be available all of the time

✓ = vegan
m = meat
e = eggs
d = dairy

✓
g = gluten
f = fish
n = nuts

✓
s = soy
u = mustard
se = sesame

Please let us know if you have any allergies or intolerance

Wine List

(all wines are available in 125ml measures)

	175ml	Bottle
White		
✓ Reserve Saint-Marc Sauvignon Blanc, France <i>Crisp, elderflower & citrus</i>	7	25
✓ Percheron Chenin Blanc Viognier, S Africa <i>Vibrant, light peach & clean finish</i>	8	29
Chablis Domaine Fournillon, France <i>Mineral, green apple</i>		44
Red		
✓ Calusari Pinot Noir, Romania <i>Soft red berry fruits, vanilla</i>	7	25
Sottano Malbec, Argentina <i>Rich dark fruits, chocolate</i>	9	35
Luis Canas Crianza Rioja, Spain <i>Upfront spice, softening to smooth cherry</i>		44
Rose		
✓ Rose Le Versant Grenache, France <i>Red berries, green apple</i>	28	28
✓ Whispering Angel, Provence, France <i>Light, delicate, soft & complex summer fruits</i>	45	49
Sparkling		
✓ Cielo Prosecco, Italy <i>Fresh, floral, apple & pear</i>	7	28
Bolney Estate, England <i>Delicate, well-balanced English sparkling</i>		55
Louis Roederer Brut NV Champagne, France <i>Elegant, toasty brioche with citrus notes</i>		90
✓ Nosecco, France <i>Alcohol Free prosecco</i>	7	28

LIFE ON HIGH

BAR & KITCHEN EVENING MENU

Thursday and Friday
from five - late

NIGHT, LIFE

A bar & kitchen
occasional club &
private hire venue

Night & Day, people make the party,
so it's all about the crowd;
customers, our team & the community
and doing what we can to contribute to
Life on the High Street

Saturday night events & private hire
(see board for events & Eventbrite for tickets)

Studio 54 - 22 April
Bottomless supper - 13 May
Your Chef DJs - 20 May
Bottomless supper- 3 June
Ibiza White Party - 17 June
Bottomless supper - 1 July
Bottomless supper - Sept
Back to (Old) School - 9 September
Bottomless supper 7 October
Halloween - 28 October